



CURRIE
TRAINING CENTER

Leadership with Intent and Purpose Workshop Agenda

Meeting Location:

*Currie Management Consultants, Inc.
292 Lincoln Street
Worcester MA 01605
Telephone 508-752-9229*

Day One

8:30 AM to 9:00 AM: Introductions & Agenda Review

9:00 AM to 11:00 AM: **MBTI Workshop**

“Know thyself”, Socrates. This workshop is about improving personal effectiveness. Using the Myers-Briggs Type Indicator results, from the pre-work for this meeting, the workshop facilitator will assist attendees in understanding their own preferences. Self-awareness is the first step on the journey to understanding others.

11:00 AM to Noon: **Carl Jung study**

Archetypes, mythology, Jung's views on the esoteric.

Noon: Lunch will be provided by Currie Management Consultants, Inc.

1:00 PM to 1:45 PM: **High Performing Executives**

The ability to create the conditions and environment for success are important characteristics of a strong leader. Attendees will learn that successful executives possess four critical skills which enable them to lead a team through periods of transformation and growth: Change Mastery, Interpersonal Finesse, Mental Agility and Goal Orientation.

1:45 PM to 2:45 PM: **Emotional Intelligence – EQ**

*The focus will be on Daniel Goleman's research linking psychology and neuroscience to develop his concept. **Emotional Intelligence: Why It Can Matter More Than IQ.***

3:00 PM to 5:00 PM: **Servant Leadership**

Greenleaf, and other famous servant-leaders! What sets them apart? What makes them great? Are they really any different than you and I?

5:30 PM: **Pizza and a Movie! Relax and enjoy dinner on us while we present a movie that demonstrates the differing preferences, communication styles and problem solving techniques of leaders.**

Day Two

8:30 AM to 9:30 AM: Meditation for Problem Solving & Decision Making

Attendees will learn to identify the criteria essential to effective problem solving. Methods reviewed will include the work of Kepner-Tregoe, The New Rational Manager and The Successful Manager's Handbook. Short study of Covey's Success Habit #4: Think Win-Win. Meditation benefits will be reviewed as well as methods and brain research.

9:30 AM to 11:00 AM: Situational Leadership

What is your personal management style? How can you effectively diagnose a situation at your workplace? Which leadership style should you employ for each situation? How adaptable a manager are you? These questions and others will be answered through the Situational Leadership Assessment tool, which includes details on analyzing the Readiness of the Follower.

11:00 AM to Noon: The Eight Great Fears and the Six Perfections

Anger, Pride, Ignorance, Jealousy, Avarice, Attachment, Doubt, and Wrong Thinking. These items are barriers to success and fulfillment. How do we identify if we are experiencing any of these all-too-real influences? How do we remediate the impacts from these negative states and turn them into benevolent and rewarding powers for your life and your business? You will develop strategies for working through all eight of these "fears".

Noon: Lunch will be provided by Currie Management Consultants, Inc.

1:00 PM to 2:30: Communication and Assertive Leadership

The Currie team will provide an assessment and each participant will learn more about his or her own communication style—are you Passive, Aggressive, Manipulative or Assertive? Why do we need to know this? Also covered will be The 6 Habits of Assertive Leaders. Let's also bust some myths about emotions!

2:30 PM – 3:45 PM Time Management

2400 minutes—how do you accomplish your goals in the time you have? A Time Management Assessment will help participants identify their strengths and challenges in effectively managing time. The competencies discussed include Organizational Ability, Predisposition/Temperament, Managing Interruptions, Delegating and more. Also includes alternate theories about the way we look at time itself: linear versus non-linear, fluid, Einstein's theory, Block Theory, and time as a social construct. Includes Tom Kenyon's theory of The Paradox of Time, and also the art of creating and jumping timelines!

3:45 PM to 4:30 PM: "Black Bear"

The seminar wraps up with a fun, interactive activity that takes us out of the meeting room (virtually) and into the woods. Your team ends up in a perilous situation, danger is everywhere, and time is running out! Can the team join forces and figure out how to survive?

4:30 PM to 5:00 PM: Tools to take with you for the journey!

Before you go, pack up your treasures: acoustic accompaniments for brain development, stress reduction techniques, memory improvement activities, visualization methods, and positive affirming activities will leave you excited to explore further everything you have experienced here at Currie Management Consultants, Inc.!

The workshop ends at 5:00 PM!

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